

# 東晉南朝的三位道教大師：葛洪、陸修靜與陶弘景

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## 摘要

道教的內容和形式在東晉南晉有著極大的充實和發展，此時期的道教逐漸發展成一種完整意義上的宗教團體。葛洪、陸修靜和陶弘景先後在此一關鍵時期對道教貢獻卓著，使三人成為備受推崇的道教大師。葛洪為道教理論建構富有知識水準的理論體系，集神仙思想之大成。陸修靜為約束道民、鞏固道教的教會組織，制定了完備的教規齋儀，此外還整理道教經典，編纂第一部道經目錄。陶弘景則編造神仙譜系、建立教派的傳授歷史，並提出融攝儒釋道三教的教義。三位傑出的道教大師相當值得放在同一論述平台加以考察。本文從生平經歷、學術涵養、修道方式、對佛教思想的融攝以及和世俗政治的關係等方面來比較。研究發現，葛洪、陸修靜和陶弘景有著類似的共通點，而就三人的特色來論，葛洪可謂「神仙道士」，陸修靜是「儒生道士」，陶弘景則是「政治道士」。

關鍵詞：道教、葛洪、陸修靜、陶弘景

# **The Three Great Taoist Masters in Dong Jin and South Dynasty : Ger Hong 、 Lu Xiujing and Tao Hung-ching**

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## **Abstract**

The contents and form of Taoism had very full of substance and development in Dong Jin and South Dynasty. Taoism had become a religion of complete meaning during this period. Ger Hong 、 Lu Xiujing and Tao Hung-ching were great masters who had contributed to Taoism in this very important time. Ger Hong established more scholarly theory for Taoism , and he was a comprehensive expression of celestial thought. Lu Xiujing set up dispensation and ceremony for the sake of restraining Taoist believers. Besides and strengthening Taoist organization. Lu Xiujing arranged Taoist scripture and edited the first catalogue of Taoist scripture. Tao Hung-ching made up celestial pedigree , established the initiation of Taoist groups and stood for the religious teachings that blended Confucianism , Buddhism and Taoism. The three outstanding great Taoist masters are worth being put on the same platform to investigate. This study compares the three great masters from aspects such as their experiences , learning, manners of spiritual cultivation , Buddhist thinking inclusion and the relation with politics. This study points out that there are similar common features in the three great masters. Furthermore , as regarding the characteristics of the three great masters , Ger Hong is celestial Taoist , Lu Xiujing is Confucian Taoist , and Tao Hung-ching is Political Taoist.

Keywords : Taoism , Ger Hong , Lu Xiujing , Tao Hung-ching